



# Melinda Gore



Author/Speaker/ Keynote

Health and Well-being Coach

Diversity, Inclusion and Health Equity  
Practitioner

## SIGNATURE TOPICS

- ✓ Body Positivity for Black Women
- ✓ Health and Wellness Equity
- ✓ Personal Health Advocacy
- ✓ Being Your Authentic Self
- ✓ Strategies for Healthy Living

"The journey to health and well-being includes more than diet and exercise alone."

Melinda's ability to evoke emotion through storytelling, infuse personal anecdotes and golden nuggets of healthy living, together with a dash of science all while keeping her audience engaged, inspired, learning and having fun is her secret sauce.

With a sense of humor and contagious passion, Melinda empowers her audience with the tools and knowledge needed to immediately execute the kind of change that will forever impact the way they live.

Her content and delivery ensures that every audience leaves ready to carry the message, the action, and inspiration out of the event and into their lives.